



# SMART METERS

## WHAT YOU NEED TO KNOW

SMART meters are scheduled for mass deployment on our homes. They emit high levels of electromagnetic radiation and gather data to share with third parties. SMART METERS are often placed on your home without permission.

<http://austinsmartmeters.com/home/testimonials>



Dr Laura Pressley says that SMART meters have two main causes for concern. It affects:

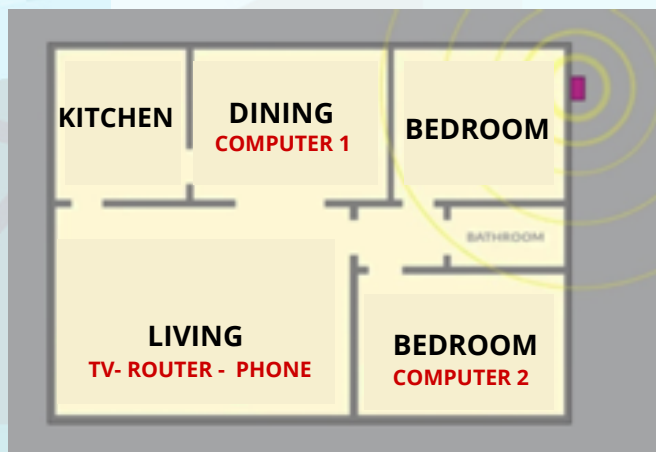
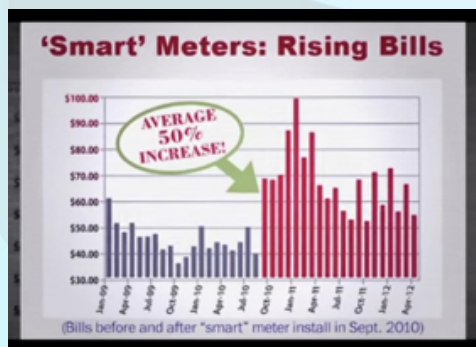
### YOUR SLEEP

EMF radiation greatly affects sleep, which means our brains never get to the 'deep restful sleep' that we need to heal and grow.

These devices pulse wireless RF/Microwave signals every 5-30 seconds that can measure more than 60,000 uW/m<sup>2</sup>! Based on building biologist guidelines safety zones for sleeping areas is 1.000 uW/m<sup>2</sup>)

### YOUR BUDGET

Dr Laura Pressley demonstrates that there is an average 50% increase in electricity costs after SMART meter installations.



For more info, follow us on:



Safe EMF Education Network

It's YOUR RIGHT to say NO and to demand it be removed.

See the back of this flyer for some recommendations.

Remember that if you go Solar or build a new home, you will automatically get a SMART meter installed.





# SMART METERS

## WHAT CAN YOU DO?

**1**

Attach a "Do NOT Install Smart Meter" NOTICE onto your electricity box

Photograph and record the notice with date, meter numbers and placement. You may also want to consider contacting your electricity provider by sending a letter by registered mail to make sure they don't install one. Opt-out.

**2**

If your electricity company has already installed a SMART meter on your home, contact them by registered mail and demand a standard meter be installed instead or get them to disable the wireless transmitter.



**3**

Consider installing a SMART meter shield or paint the wall behind the smart meter with EMF blocking paint.

**4**

If the SMART meter is installed outside near a bedroom, make sure the head of your bed is not up against that wall- or consider changing bedrooms altogether!



The Account Holder hereby REMOVES IMPLIED CONSENT for the installation of any SMART METERS, or other data transmission equipment at this property. This is a formally recorded

### LAWFUL NOTICE

If you are in any doubt, consult the account holder directly before taking any further action. The meter's number(s) and placing of this notice have been RECORDED.

CUT out this DO NOT INSTALL SMART METER notice  
WRITE DATE & CONTACT INFO

LAMINATE THE NOTICE  
STICK INSIDE AND ON YOUR ELECTRICITY BOX,  
(RECOMMEND USING GAFFA / CLOTH TAPE OR GLUE)

PHOTOGRAPH / VIDEO AND RECORD THIS NOTICE with WITNESS if possible

INCLUDE DATE, METER NUMBERS AND PLACEMENT

WRITE LETTER TO ELECTRICITY PROVIDER / SA POWER NETWORK AND SEND BY REGISTERED MAIL.

Date:  
Account Holder:

**Do NOT Install SMART METER**



For more information visit our website: [www.SEEN.org.au](http://www.SEEN.org.au)